

FINAL ANNOUNCEMENT

# THE METABOLIC MATRIX

UNLOCKING THE LINK BETWEEN

## DIABETES, DYSLIPIDEMIA & ORGAN DAMAGE

**16 - 17 AUGUST, 2025**

NOVOTEL JAKARTA MANGGA DUA SQUARE

**1 KEYNOTE LECTURE****1 PLENARY LECTURE****4 EDUCATIONAL LECTURES****7 SYMPOSIA****2 WORKSHOPS****1 PANEL DISCUSSION**

### DAY 1 | SATURDAY, 16 AUGUST 2025 | BETAWI BALLROOM A + B 5<sup>th</sup> FLOOR

| Time (WIB)    | Topic                                                                                       | Speaker                                                      | Moderator                                                                 |
|---------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------|---------------------------------------------------------------------------|
| 07.00 - 08.00 | Registration and PRE TEST                                                                   |                                                              |                                                                           |
| 08.00 - 08.10 | Opening Speech<br>Chairman                                                                  |                                                              |                                                                           |
|               | EDUCATIONAL LECTURE 1: The Metabolic Matrix : A Hidden Engine behind CKM Syndrome           |                                                              |                                                                           |
| 08.10 - 08.35 | Roadmap of Chronic Disease Management: CKM, DCRM 2.0 and further                            | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | dr. Rochsismandoko, SpPD-KEMD, FACE (BANTEN)                              |
| 08.35 - 08.45 | Q/A                                                                                         |                                                              |                                                                           |
|               | PLENARY LECTURE: Paradigm Shift or Medical Myth?: Obesity is a Disease                      |                                                              |                                                                           |
| 08.45 - 09.10 | The Position of Diabetes and Dyslipidemia Care in Chronic Disease Management in Indonesia   | Prof. dr. Dante Saksono Harbuono, SpPD-KEMD, PhD (JAKARTA)   | Prof. dr. Hari Hendarto, SpPD-KEMD, PhD (BANTEN)                          |
| 09.10 - 09.25 | Exhibition Opening + Coffee Break                                                           |                                                              |                                                                           |
|               | SYMPOSIUM 1: “Mastering Lipids with DCRM 2.0: The Future of CKM Risk Reduction”             |                                                              |                                                                           |
| 09.25 - 09.50 | Unlocking the Link of Diabetes, Dyslipidemia and Organ Damage                               | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | dr. Bowo Pramono, SpPD-KEMD (YOGYAKARTA)                                  |
| 09.50 - 10.15 | Stepwise Dyslipidemia Management ?                                                          | Prof. Dr. dr. Hikmat Permana, SpPD-KEMD (BANDUNG)            |                                                                           |
| 10.15 - 10.25 | Q/A                                                                                         |                                                              |                                                                           |
|               | SYMPOSIUM 2: Perfect Tuning in DCRM 2.0: A Holistic Approach                                |                                                              |                                                                           |
| 10.25 - 10.50 | The Triple Harmony: Orchestrating Diabetes-Cardio-Renal-Metabolic                           | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | Dr. dr. Made Ratna Saraswati, SpPD-KEMD (BALI)                            |
| 10.50 -11.15  | The Duo Consonance: Timely and Simple Diabetes Care                                         | Prof. Dr. dr. Imam Subekti, SpPD-KEMD (JAKARTA)              |                                                                           |
| 11.15 - 11.25 | Q/A                                                                                         |                                                              |                                                                           |
|               | SYMPOSIUM 3: Novel Treatment to Optimize CV Protection in T2D and Hyperlipidemia            |                                                              |                                                                           |
| 11.25 - 11.50 | Unlocking the Full Efficacies of GLP-1 RA: Blood Sugar, CV Risks, Renal Protection & Beyond | Prof. Dr. dr. Pradana Soewondo, SpPD-KEMD (JAKARTA)          | dr. Leny Puspitasari, SpPD-KEMD (JAKARTA)                                 |
| 11.50 - 12.15 | Novel Therapeutic Strategies for LDL-C Reduction in High-Risk Populations                   | Prof. Dr. dr. Ketut Suastika, SpPD-KEMD (BALI)               |                                                                           |
| 12.15 - 12.25 | Q/A                                                                                         |                                                              |                                                                           |
| 12.25 - 13.10 | LUNCH                                                                                       |                                                              |                                                                           |
|               | SYMPOSIUM 4: Let’s Deep-Seek Old and New Approaches in CKM Management                       |                                                              |                                                                           |
| 13.10 - 13.35 | The Present and Future of Lipid Medication                                                  | Prof. Raymond R Tjandrawinata, PhD (JAKARTA)                 | dr. Johanes Purwoto, SpPD-KEMD (JAKARTA)                                  |
| 13.35 - 14.00 | The Place of Incretins in the Present Diabetes Management                                   | Dr. dr. Soebagijo Adi, SpPD-KEMD, FACP (SURABAYA)            |                                                                           |
| 14.00 - 14.10 | Q/A                                                                                         |                                                              |                                                                           |
|               | EDUCATIONAL LECTURE 2: The Journey of Wounds in Diabetes                                    |                                                              |                                                                           |
| 14.10 - 14.35 | Diabetic wound Continuum: from Microbiome to Cell Therapy                                   | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | dr. Rudy Kurniawan, Sp.PD, MM, MARS, Dip.TH, Dip.SN, DCD, FRSPH (JAKARTA) |
| 14.35 - 14.45 | Q/A                                                                                         |                                                              |                                                                           |
| 14.45 - 16.45 | WORKSHOP 1: Chronic Wound Management                                                        |                                                              |                                                                           |
|               | Managing Diabetic Wound Infection: From Microbiomes to Advanced Strategies                  | dr. Adisaputra Ramadhinara, MSc, CWSP, FACCWS (JAKARTA)      | dr. I Gusti Ngurah Adhiarta, SpPD-KEMD (JAKARTA)                          |
|               | Practical Session and Hands on                                                              | dr. Jimmy Tandradynata, SpPD (JAKARTA)                       |                                                                           |
|               | Q/A                                                                                         |                                                              |                                                                           |

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### DAY 1 | SATURDAY, 16 AUGUST 2025 | BETAWI BALLROOM A + B 5<sup>th</sup> FLOOR

| Time (WIB)    | Topic                                                          | Speaker                                                      | Moderator                                                   |
|---------------|----------------------------------------------------------------|--------------------------------------------------------------|-------------------------------------------------------------|
| 14.45 - 16.45 | <b>WORKSHOP 2: The Art of Glycemic Monitoring</b>              |                                                              |                                                             |
| 14.45 - 14.55 | Introduction to Embracing New Technology in Diabetes           | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | Dr. dr. Libriansyah, SpPD-KEMD, AIFO-K, MM, CIPA (SURABAYA) |
| 14.55 - 15.15 | Frequent and Innovative Monitoring to Prevent CV Complications | dr. Farid Kurniawan, SpPD, PhD (JAKARTA)                     |                                                             |
| 15.15 - 15.35 | The Perks of CGM, and How to Make the Most of it               | dr. Johanes Purwoto, SpPD-KEMD (JAKARTA)                     |                                                             |
| 15.35 - 16.15 | Discussion                                                     | All                                                          |                                                             |
| 16.15 - 16.45 | Practical Session and Hands-on                                 | Divided in Group A and Group B, @ 15 minutes experience each |                                                             |

### DAY 2 | SUNDAY, 17 AUGUST 2025 | BETAWI BALLROOM A + B 5<sup>th</sup> FLOOR

| Time (WIB)    | Topic                                                                                                       | Speaker                                                         | Moderator                                         |
|---------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------|
| 07.00 - 08.00 | Re-registration                                                                                             |                                                                 |                                                   |
|               | INDEPENDENCE DAY CEREMONY                                                                                   |                                                                 |                                                   |
| 08.00 - 08.15 | National Anthem and Flag Honoring Ceremony                                                                  |                                                                 |                                                   |
|               | KEYNOTE LECTURE                                                                                             |                                                                 |                                                   |
| 08.15 - 08.45 | Increased Remnant Lipoprotein:<br>A Missing Link between Diabetes & CVD Risk?                               | Andi Wijaya, PhD, MBA<br>(JAKARTA)                              | Dr. dr. Aris Wibudi, SpPD-KEMD<br>(JAKARTA)       |
|               | EDUCATIONAL LECTURE 3: From Glucose Lowering to Disease Modifying                                           |                                                                 |                                                   |
| 08.45 - 09.10 | GLP-1 RA across CKM Syndrome 2025                                                                           | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE<br>(JAKARTA) | dr. Tania Tedjo Minuljo, SpPD-KEMD<br>(SEMARANG)  |
| 09.10 - 09.35 | Q/A                                                                                                         |                                                                 |                                                   |
| 09.35 - 09.50 | COFFEE BREAK                                                                                                |                                                                 |                                                   |
|               | SYMPOSIUM 5: Frontloading Cardiometabolic Protection: Integrating Intensified Diabetes and Lipid Management |                                                                 |                                                   |
| 09.50 - 10.15 | Accelerating Beyond Glucose Control Early Intensification through Combination Therapy                       | Prof. Dr. dr. Andi Makbul Aman, SpPD-KEMD<br>(MAKASAR)          | dr. Ida Ayu Khsanti, SpPD-KEMD<br>(JAKARTA)       |
| 10.15 - 10.40 | Optimizing Statins as Primary Prevention:<br>the Earlier the Better                                         | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE<br>(JAKARTA) |                                                   |
| 10.40 - 10.50 | Q/A                                                                                                         |                                                                 |                                                   |
|               | SYMPOSIUM 6: Personalizing Diabetes Care: Can Old Friends Transform Glycemic Control?                       |                                                                 |                                                   |
| 10.50 - 11.15 | Is Insulin Facing out in Diabetes Management?                                                               | Dr. dr. Tri Juli Edi Tarigan, SpPD-KEMD<br>(JAKARTA)            | dr. Maya Kusumawati, SpPD-KEMD<br>(BANDUNG)       |
| 11.15 - 11.40 | Present Positioning of Oral Diabetes Drugs                                                                  | Prof. Dr. dr. Dyah Purnamasari, SpPD-KEMD<br>(JAKARTA)          |                                                   |
| 11.40 - 11.50 | Q/A                                                                                                         |                                                                 |                                                   |
|               | SYMPOSIUM 7: Metformin and Insulin Resistance Bridging Research Insight with Everyday Clinical Practice     |                                                                 |                                                   |
| 11.50 - 12.15 | Metformin across the Diabetes Spectrum:<br>Practical Uses from Early to Advanced Stages                     | Prof. Dr. dr. Ahmad Rudijanto, SpPD-KEMD<br>(MALANG)            | Dr. dr. Yuanita Asri Langi, SpPD-KEMD<br>(MANADO) |
| 12.15 - 12.40 | Applying Metformin in Real Life:<br>Case-Based Approaches to Diabetes Management                            | Dr. dr. Hendra Zufri, SpPD-KEMD<br>(ACEH)                       |                                                   |
| 12.40 - 12.50 | Q/A                                                                                                         |                                                                 |                                                   |

### DAY 2 | SUNDAY, 17 AUGUST 2025 | BETAWI BALLROOM A + B 5<sup>th</sup> FLOOR

| Time (WIB)    | Topic                                                                                      | Speaker                                                      | Moderator                                          |
|---------------|--------------------------------------------------------------------------------------------|--------------------------------------------------------------|----------------------------------------------------|
| 12.50 - 13.20 | LUNCH                                                                                      |                                                              |                                                    |
|               | SYMPOSIUM 8: Redefining Comprehensive Care of CKD in CKM Syndrome                          |                                                              |                                                    |
| 13.20 - 13.45 | Management of Anemia Renal in Diabetes Mellitus: Benefits of Early Erythropoietin          | dr. Rulli Rosandi, SpPD-KEMD (MALANG)                        | dr. Alwi Shahab, SpPD-KEMD (PALEMBANG)             |
| 13.45 - 14.10 | Treatment of Anemia in Pre-Dialysis CKD Patient: Advantages of Long-acting Erythropoietin. | Dr. dr. Pringgodigdo Nugroho, SpPD-KGH (JAKARTA)             |                                                    |
| 14.10 - 14.20 | Q/A                                                                                        |                                                              |                                                    |
|               | EDUCATIONAL LECTURE 4: Beyond LDL-Cholesterol, What Next ?                                 |                                                              |                                                    |
| 14.10 - 14.35 | Residual Risk Management in Preventing ASCVD: the Role of Cholesterol Remnants             | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | dr. Roy Panusunan Sibarani, SpPD-KEMD, FES (BOGOR) |
| 14.35 - 14.45 | Q/A                                                                                        |                                                              |                                                    |
|               | LIPID PANEL DISCUSSION                                                                     |                                                              |                                                    |
| 14.45 - 15.45 | Lipidology: The Next Game Changer in Managing ASCVD                                        | Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA) | dr. Felix Firyanto Widjaja, SpPD (JAKARTA)         |
|               |                                                                                            | dr. Dicky Levenus Tahapary, SpPD-KEMD, PhD (JAKARTA)         |                                                    |
|               |                                                                                            | Dr. dr. Nanny N M Soetedjo, SpPD-KEMD, DCN (BANDUNG)         |                                                    |
|               |                                                                                            | Dr. Dwi Yuniati Daulay, M.Kes, Apt (JAKARTA)                 |                                                    |
| 15.45 - 16.00 | CLOSING REMARKS / POST TEST                                                                | Chairman                                                     |                                                    |

### Registration Fee

| Participants | Symposium/Lecture (IDR)             |                                    | Symposium/Lecture + Workshops (IDR) |                                    |
|--------------|-------------------------------------|------------------------------------|-------------------------------------|------------------------------------|
|              | Before July 31 <sup>st</sup> , 2025 | After July 31 <sup>st</sup> , 2025 | Before July 31 <sup>st</sup> , 2025 | After July 31 <sup>st</sup> , 2025 |
| GP           | Rp. 1.400.000,-                     | Rp. 1.600.000,-                    | Rp. 1.900.000,-                     | Rp. 2.100.000,-                    |
| Specialist   | Rp. 1.800.000,-                     | Rp. 2.000.000,-                    | Rp. 2.550.000,-                     | Rp. 2.750.000,-                    |

### Hotel for Accommodation

| Hotel                           | Deluxe Room (IDR) | Executive Deluxe Room (IDR) |
|---------------------------------|-------------------|-----------------------------|
| Novotel Hotel Mangga Dua Square | Rp. 1.200.000,-   | Rp. 1.500.000,-             |

The committee does not provide a Shuttle Bus. The deadline for hotel bookings and payments is August 10<sup>th</sup>, 2025 (if rooms are still available)

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